

LASER GENESIS at Central Park Beauty

Pre-treatment

- No sun-tanning or self-tanners 4 weeks prior to treatment – includes spray tans, tanning lotions, tanning beds, sun exposure.
- Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories)
- Notify staff with any changes to your health history or medications since your last appointment
- History of herpes or cold sores may require an anti-viral prescription prior to treatment

Post-treatment

- Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage
- Mild redness and swelling are common and resolve with time
- A heat rash or urticaria type of response is common and will resolve with time.
- An antihistamine can be taken to alleviate symptoms such as itchiness
- Treated pigment will turn darker within 24-48 hours
- Do not pick at treated areas
- Treated pigment will exfoliate off the face in approximately 1 week
- Treated pigment will exfoliate off the body in approximately 2-3 weeks
- It is important to use Aquaphor until the lesions have fully exfoliate off. It is to be used morning and night and reapplied if you wet your face or sweat the product off
- Avoid heat – hot tubs, saunas, etc. for 1-2 days
- Avoid skin irritants until the pigmented lesions have fully sloughed off (for example, products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents, exfoliants).
- Notify staff of any concerns (blistering, excessive redness/swelling, etc.)
- Consult with staff about when to resume skin care regime.

Call Central Park Beauty at (212) 246-2063 if you have any questions.