



pellevé[®]
wrinkle reduction

Pellevé Treatment Instructions

Mild redness and swelling are common following Pellevé treatment. This typically resolves within a few hours but may last longer. A gentle warming sensation of the skin may be felt after treatment.

There is a possibility of rare side effects, which may include blistering. If this occurs, do not rub, scratch or pick at blisters. Apply antibiotic ointment to any blisters and contact our office immediately.

Makeup can be applied immediately after treatment. Cleanse the skin with a mild cleanser twice daily. Do not scrub heavily. Apply a light moisturizer after cleansing.

A broad-spectrum (UVA/UVB) sunscreen of SPF 30 or greater should be generously and frequently applied to the treated areas at all times. Avoid prolonged sun exposure for a minimum of three weeks following treatment.

Avoid hot tubs, saunas, steam rooms and exercise one day after treatment. However, all other regular activity can be resumed.

Waxing, tweezing, and depilatory creams can be resumed 3 days after treatment.

All skin irritants (glycolic/ salicylic acids, benzoyl peroxide, retinol products, or vitamin C) can be resumed 3 days after treatment.

Chemical peels and dermal fillers can be resumed 1 week following your treatment.

To maximize the skin-tightening effect of Pellevé treatments, oral supplementation the Beauty Chef Glow daily is recommended. This should continue for up to 6 months after treatment.